

FAQ: TULIP TIME RUN

Website Link:

www.tuliptime.com/run

Registration Link:

<https://runsignup.com/Race/MI/Holland/TulipTimeRun>

Race Director: Kara Rooks

kara@tuliptime.com

616-396-4221 x114

EVENT SUMMARY:

- **Date:**
Saturday, May 5, 2018

- **Time:**
8:00 AM – 5K Start
8:45 AM – 10K Start (*runners running both the 5K & 10K must be on the 10K course by 9 AM*)
9:15 AM – Kids' Fun Run Start (*ages 6-8 will run approximately a ½ mile, ages 5 & under approximately .2 miles*)

- **Location:**
Kollen Park – at the corner of 12th Street and Kollen Park Dr.

- **Pricing:** **family rate: 3-5 people, \$2.00 off each registration*
 - Nov. 20 – Feb.28
 - \$15 – Kids' Fun Run
 - \$30 – 5K or 10K
 - \$40 – Both 5K & 10K (15K)
 - \$35 – Virtual Run
 - Mar. 1 – May 2
 - \$15 – Kids' Fun Run
 - \$35 – 5K or 10K
 - \$45 – Both 5K & 10K (15K)
 - \$35 – Virtual Run – *registration deadline of April 15*
 - May 4 (Race & Fitness Expo)
 - \$20 – Kids' Fun Run
 - \$40 – 5K or 10K
 - \$50 – Both 5K & 10K (15K)
 - May 5 (Race Day)
 - \$20 – Kids' Fun Run
 - \$50 – 5K or 10K
 - \$60 – Both 5K & 10K (15K)

- **2018 Race Features:**

- NEW: 15K Results. If you are running both the 5K and 10K, you'll automatically be entered in the 15K results category. Medals and cash prizes available.
- NEW: The Tulip Time Virtual Run. Can't make it to Holland, MI for the Tulip Time Run? Run a 5K or 10K in the comfort of your own hometown and receive a race shirt, bib, and festival run pin in the mail. Participants doing the Virtual Run must be registered by April 15 (11:59 PM). Share your photos with us by tagging us on social media and using the hashtag #TTvirtualrun18.
- Register by April 15, 2018 to receive your name on your participant bib (excludes Kids' Fun Run)
- Register by April 15, 2018 to be guaranteed a shirt
- Free beverage ticket on participant bib, redeemable at the After Party at Boatwerks Restaurant
- Complimentary gear check tag on participant bib
- Onsite race results kiosks

RACE DAY SCHEDULE

7:00 AM: Day-Of Registration, Packet Pick-Up and Gear Check Opens

8:00 AM: 5K Run Starts

8:45 AM: 10K Run Starts (*all runners running both the 5K and 10K must be on the 10K course by 9 AM*)

9:00 AM: Stretching/Warmup begins for Kids' Fun Run (*Thermotron parking lot – 12th St. & Kollen Park Dr.*)

9:15 AM: Kids' Fun Run – Heat #1 (ages 6-8)

9:25 AM: Kids' Fun Run – Heat #2 (ages 5 & under)

11:00 AM: Results Kiosks, Gear Check and After Party Closes

QUESTIONS & ANSWERS

When does online registration close?

Online registration closes on Wednesday, May 2, 2018 at 11:59 PM. If you would like to register after this date, registration will be available at the Race & Fitness Expo on Friday, May 4 from 4-7 PM at MVP Athletic Club (Holland) or race day morning at Kollen Park beginning at 7 AM.

May I transfer events (i.e. 5K instead of 10K) if I've already registered?

Yes, you are able to transfer events for free. However, online transfers must be made by April 25 (11:59 PM), 2018. After this date, transfer or events must be made in person at the Race & Fitness Expo or Race Day morning. Transfers can be made to your registration by logging into your RunSignUp account. If you have any troubles doing this, please email Kara Rooks at kara@tuliptime.com or call 616-396-4221 (x114) with the changes that need to be made.

May I transfer my bib number to someone else if I registered but can no longer participate?

Yes, we allow BIB exchanges. You are able to transfer your race entry to another individual for a \$5 fee; however transfers must be made by April 25 (11:59 PM), 2018. Transfers will not be allowed after April 25, 2018. BIB exchanges can be made by logging into your RunSignUp account.

When and where is packet pick-up?

Packet Pick-Up will be on Friday, May 4 from 4-7 PM during the Race & Fitness Expo located at MVP Athletic Club (650 S. Waverly Road). Packet Pick-Up will also be available on race day morning at Kollen Park beginning at 7 AM.

If I can't make it to Packet Pick-Up on Friday night, may I pick up by bib earlier? May I have my bib mailed to me?

Sorry, we do not mail out bibs. If you are unable to make it to Packet Pick-Up on Friday night, please come to Packet Pick-Up on race day morning at Kollen Park beginning at 7 AM.

Are strollers allowed on the race course?

Sorry, baby joggers and strollers are NOT permitted on the course.

Are dogs allowed on the race course?

Animals, bicycles, rollerblades and skateboards are NOT allowed on the course.

Are there any age restrictions for the races?

The Kids' Fun Run is limited to those 8 & under. There is no age limit on the 5K and 10K races.

Are the courses USATF certified?

Our courses are not USATF certified – this means our courses might not be *exactly* 3.1 or 6.2 miles.

Where does the race start and end?

The 5K and 10K will start at the corner of 12th Street and Kollen Park Drive. Runners must lineup in the West-Bound lane of 12th Street. The Kids' Fun Run will line up on Kollen Park Drive south of 12th Street.

How is the event timed?

The Tulip Time Run will be scored by Ignite Your Event. The run will be chip-timed and the timing chip will be integrated into your bib. Please wear your bib on the front of your shirt during the entire race.

Is gear check provided?

Monitored gear check will be provided from 7 AM to 11 AM. Participants may keep their gear in their personal bag or in a Tulip Time branded bag (available on-site). Gear must be picked up by 11 AM on Saturday, May 5. *Tulip Time will not be held responsible for any lost or stolen items. Participants are responsible for any clothing articles discarded along the course.*

Is there a time limit for the race?

There is no time limit for the 5K or 10K but once the caboose reaches you, you must move to the sidewalks. If you are running both the 5K and 10K, you must be on the 10K course no later than 9:00 AM.

Are roads closed during the race?

No, roads are open to the public during the race. The Holland Police Department will be directing traffic at busy intersections.

What are the age divisions?

5K & 10K: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

15K: 19& under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

When and where will race results be posted?

Your race time will be emailed to you within seconds after crossing the finish line (if you registered prior to May 3). Race results will be available at race kiosks located onsite at Kollen Park in the registration tent. They will also be posted online at www.tuliptime.com/run and on the Tulip Time Facebook Event Page.

Are there awards for the races?

There are no finisher medals. For the 5K, 10K, and 15K (run both the 5K & 10K) medals will be awarded to the top three finishers (male and female) in each age division. Cash prizes will also be awarded to the Overall 5K, 10K, and 15K male and female and the Overall 5K, 10K, and 15K masters male and female. All participants of the Kids' Fun Run will receive a finisher ribbon.

Are there restrooms on-site?

There will be Porta-Johns near the start/finish of the race and throughout Kollen Park.

Are there water stations throughout the course? What do they include?

Yes, there are two water stations along the 5K course and three along the 10K course. All water stations include water and a minor first aid station.

Will there be post-race refreshments available?

Yes, post-race refreshments for participants will be available directly following the races. We will have water and a sport drink along with bagels, bananas, oranges and granola bars. Also, be sure to join us at Boatwerks Restaurant (adjacent to Kollen Park) after the race with your friends and family for the Official After-Party – FREE beverage ticket redeemable here.

Will there be medical assistance available?

There will be a medic tent located at the start/finish line, along with minor first aid throughout the course at water stations.

Will there be official race day photos?

There will not be official race day photos but we will have a few photographers scattered along the course and at the start/finish. Photos will be posted on our Facebook page following the festival.

What is the temperature normally like on race day?

The temperature is normally cool and clear. In case of severe weather and the event would need to be cancelled, we will post it on our website and social media outlets. If you registered online, you will receive and email from the race director.

Where do I park? Is there a fee?

We'll admit, parking can be VERY chaotic. Unfortunately there are not many parking garages in the city of Holland so parking will be found in public lots available throughout downtown Holland and public street parking nearby Kollen Park. Kollen Park Drive and 12th Street will be closed to traffic. PLEASE give yourself ample time to find parking and be prepared to walk to the start/finish line.

Where can people spectate?

The course is open to the public, so spectators can be anywhere along the course. If you want to see runner near the finish line, we recommend lining up along 12th Street between Washington Blvd. and Van Raalte Ave. Please be considerate of the start/finish line area and stay out of the fenced/flagged area to allow runners plenty of room.

How can I volunteer?

It takes over 150 volunteers to put on the Tulip Time Run. If you would like to volunteer, please contact Michelle Boerger at 616-396-4221 (x 108) or michelle@tuliptime.com. There are group and individual opportunities available.